



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------------------------------------|-------------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------|-----------------------------------------------------------|---------------|
| Kicking-Forms-Basics | Kicking-Forms-Basics | Kicking-Forms-Basics | Sparring | Breaking Techniques | Events |
| | 1:00 – 1:45 PM Home School White - Green | 1:00 – 2:00 PM Home School All Ranks | 1:00 – 1:45 PM Home School White - Green | | |
| | 1:45 – 2:30 PM Home School Purple - Black | | 1:45 – 2:30 PM Home School Purple - Black | | |
| 5:00 – 5:30 PM Free Trial Class Bring A Friend! | 5:00 – 5:45 PM Red – Black Tae-Kwon-Do | 5:00 – 5:45 PM Green – Blue Tae-Kwon-Do | 5:00 – 5:45 PM Yellow-Orange Tae-Kwon-Do | 5:00 – 5:45 PM White – Green Tae-Kwon-Do | |
| 5:45 – 6:30 PM White-Orange Tae-Kwon-Do | 5:45 – 6:30 PM White-Orange Tae-Kwon-Do | 5:45 – 6:30 PM Red – Black Tae-Kwon-Do | 5:45 – 6:30 PM Green – Blue Tae-Kwon-Do | 5:45 – 6:30 PM Purple – Black Tae-Kwon-Do | |
| 6:30 – 7:15 PM Green – Blue Tae-Kwon-Do | 6:30 – 7:15 PM All Ranks Sparring Class | 6:30 – 7:15 PM Private Lessons *Sign Ups Only* | 6:30 – 7:15 PM Red – Black Tae-Kwon-Do | | |
| 7:15 – 8:00 PM All Ranks Sparring Class | 7:15 – 8:00 PM Adults Tae-Kwon-Do | | 7:15 – 8:00 PM Adults Tae-Kwon-Do | Parent's Night Out!! Every Other Month | |